



# Proposed Physical Education Standards

January 4, 2017 | Donna Anthony



# Agenda

- Background Information
  - History
  - National Landscape
- Timeline & Process
- Crosswalk – Current & Proposed Standards
- Question & Answer



# History

- **1992:** Outcomes of Quality Physical Education Programs
- **1995:** Moving Into the Future: National Standards for Physical Education
- **2004:** National Standards for Physical Education *2<sup>nd</sup> Edition*
- **2007:** DC PE Standards approved by DC SBOE
- **2008:** PE Metrics – Assessing the National Standards
- **2013:** National Standards and Grade-Level Outcomes for K-12 Physical Education
- **2016:** DC Health Education Standards approved by DC SBOE
- **2017:** Proposed PE Standards introduced to DC SBOE
- **2018:** Proposed Adaptive PE Standards introduced to DC SBOE



- SHAPE America – Society of Health and Physical Educators
  - [SHAPE America’s National Standards and Grade-Level Outcomes for K-12 Physical Education](#)
  - [SHAPE America’s Scope & Sequence for K-12 Physical Education](#)
  - Examples of other states utilizing the National PE Standards: OH, AZ, WA, KY, ME



# Timeline & Process

- **September-December 2016:** Monthly working group convened
- **January 2017:** Introduce standards to SBOE
- **February 2017:** Convene expert panel
- **March 2017:** Formally propose PE standards to SBOE



# Crosswalk

|                              | Current DC K-12 Physical Education Standards  | National Standards for K-12 Physical Education  |
|------------------------------|---|---|
| <b>Strand 1 / Standard 1</b> | Students demonstrate the <u>motor skills and movement patterns</u> needed to perform a variety of physical activities.  | The physically literate individual demonstrates competency in a variety of <u>motor skills and movement patterns</u> .  |
| <b>Strand 2 / Standard 2</b> | Students demonstrate knowledge of movement <u>concepts, principles, and skills that apply to the learning and performance</u> of a variety of physical activities.                        | The physically literate individual applies knowledge of <u>concepts, principles, strategies and tactics related to movement and performance</u> .                   |
| <b>Strand 3 / Standard 3</b> | Students <u>assess and maintain a level of physical fitness</u> to improve health and performance through a physically active lifestyle.  | The physically literate individual demonstrates the <u>knowledge and skills to achieve and maintain a health-enhancing level of physical activity and fitness</u> . |
| <b>Strand 4 / Standard 4</b> | Students demonstrate <u>knowledge of physical fitness concepts, principles, and strategies to improve health and performance</u> .  | The physically literate individual exhibits responsible personal and social behavior that respects self and others.   |
| <b>Strand 5 / Standard 5</b> | Students <u>demonstrate and utilize knowledge of psychological and sociological concepts, principles, and strategies</u> that apply to the learning and performance of physical activity. | The physically literate individual recognizes the value of <u>physical activity for health, enjoyment, challenge, self-expression and/or social interaction</u> .   |



Q&A